

# The Rights and Responsibilities of an Injured Worker

## If you're injured at work, you have the right to:

- ◆ Dignified and respectful treatment;
- ◆ Fair and prompt evaluation of your claim by your employer, insurer and the Board;
- ◆ Prompt, appropriate medical care;
- ◆ Proper wage replacement benefits in a timely manner;
- ◆ Pursue your case free from discrimination;
- ◆ Possible compensation for permanent injuries causing loss of wage-earning capacity or scheduled loss of use;
- ◆ Legal representation, if you so choose; and
- ◆ The assistance of an interpreter, if necessary.



## If you're injured at work, you have the responsibility to:

- ◆ Report any work-related injury or illness to your employer in a truthful manner, preferably in writing;
- ◆ Attend hearings and appointments at the scheduled time;
- ◆ Try to resume work as soon as you're capable, based on your physician's report;
- ◆ Look for work within your physical capabilities, even if it differs from the work you did when you were injured (call **1-888-4-NYSDOL for help**); and
- ◆ Respond to appropriate correspondence about your claim in a timely manner. Consult your legal representative if necessary.



New York State  
Workers' Compensation Board  
(877) 632-4996